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## INFORMED CONSENT FOR TREATMENT WITH OTEZLA

### APPROVED USE:

Otezla® (apremilast) is a prescription medicine approved for the treatment of adult patients with active psoriatic arthritis.

Otezla can help reduce your symptoms such as joint swelling tenderness, and joint pain.

### IMPORTANT SAFETY INFORMATION:

**You must not take Otezla® (apremilast) if you are allergic to apremilast or to any of the ingredients in Otezla.**

**Otezla is associated with an increase in adverse reactions of depression.** In clinical studies, some patients reported depression and suicidal thoughts or behavior. Some patients stopped taking Otezla due to depression. Before taking Otezla, tell your doctor if you have had feelings of depression, suicidal thoughts or behavior, or other mood changes. Be sure to tell your doctor if any of these symptoms develop or worsen during treatment with Otezla.

**Some patients taking Otezla lost 5% to 10% of their body weight.** If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla.

**Some medicines may make Otezla less effective and should not be taken with Otezla.** Tell your doctor about all the medicines you take, including prescription and nonprescription medicines.

### SIDE EFFECTS:

**Side effects of Otezla** were diarrhea, headache, nausea, nasal congestion, sore throat, upper respiratory tract infection, vomiting, and stomach pain. These are not all the possible side effects with Otezla. Tell your doctor about any side effect that bothers you or does not go away.

**Tell your doctor if you are pregnant, planning to become pregnant, or planning to breastfeed.**

Otezla has not been studied in pregnant women.

**MEDICATION ADMINISTRATION:**

Otezla is taken by mouth. The dose is gradually increased over the first two weeks to 30 mg twice a day.

The dosage needs to be lowered if severe kidney disease is present.

**EMERGENCY CONTACTS:**

In case of emergency, you can contact our office at (503) 297-3384 from 8:00 am to 5:00 pm Monday – Friday, or after hours dial the above number to page your physician or call 911 or go to the emergency room.

I certify that I have read and understand this consent form and agree to receive Otezla treatment. I have had an opportunity to discuss this treatment with my physician and ask questions regarding the treatment. I will be given a signed copy of this form for my records.

\_\_\_\_\_  
Patient signature

\_\_\_\_\_  
Date