

# REQUEST FOR RESTRICTION ON USE/DISCLOSURE OF MEDICAL INFORMATION AND/OR CONFIDENTIAL COMMUNICATION

**Patient Name:** \_\_\_\_\_ Phone Number: \_\_\_\_\_ (Day)  
\_\_\_\_\_ (Evening)

**Patient Address:** \_\_\_\_\_  
(Street or PO Box)  
\_\_\_\_\_  
(City) (State) (Zip)

1. Medical Information to be Restricted: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Nature of Restriction: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*\*\*\*\*

3. Medical Information to be Communicated Confidentially: \_\_\_\_\_  
\_\_\_\_\_

4. Alternative Location/Address/Telephone Number/E-mail: \_\_\_\_\_  
\_\_\_\_\_

**TO OUR PATIENTS:** You may request that we restrict our use and disclosure of your medical records and information. Although the law does not require us to agree to your requested restrictions, if we do agree to the requested restriction, we will abide by the restriction unless a medical emergency or law requires otherwise. You also have the right to request that we communicate certain medical information to you in confidence. We will accommodate your reasonable written requests to receive communications of medical information by alternative means or at alternative locations only if you (1) specify the alternative location, address, or telephone number and/or the alternative means of contact and (2) agree to be responsible for and explain how payment will be handled for any additional costs associated with the alternative method of communication.

*By your signature below, you acknowledge that you understand and agree to the above information.*

Signature of Patient \_\_\_\_\_ Date \_\_\_\_\_

- Request for Restriction **Accepted**
- Request for Restriction **Denied**
- Request to Communicate Confidentiality **Accepted**
- Request to Communicate Confidentiality **Denied**

**This Request for Restriction and Confidential Communication Form Is to Be Made a Part of the Medical Record of:** \_\_\_\_\_  
(Patient Name) Date \_\_\_\_\_